

# Implementing the Surviving Sepsis Campaign in an Ambulatory Clinic for Patients With Hematologic Malignancies

Brenda K. Shelton, DNP, RN, APRN-CNS, CCRN, AOCN®, Julie Stanik-Hutt, PhD, ACNP, CCNS, FAAN, Joyce Kane, MSN, RN, and Richard J. Jones, MD



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**Background:** Infectious complications can occur in patients receiving cancer treatment and are the most common cause of death not directly related to malignancy. Established international best practices for recognition and management of early sepsis with bundled interventions reduce sepsis-related morbidity and mortality in many patient populations. Integration of these practices is common in emergency departments but has not been documented in ambulatory oncology clinics, where many patients with cancer present for evaluation of infectious symptoms.

**Objectives:** The current quality improvement project embedded sepsis best practices into routine care for ambulatory clinic patients receiving chemotherapy or undergoing hematopoietic stem cell transplantation for hematologic disease or malignancies.

**Methods:** An interprofessional protocol was implemented that included guideline-based universal screening, nurse-activated standing orders for recommended interventions, and clinician-supported decision making for the first six hours.

**Findings:** Evaluation of implementation of the protocol showed improved timeliness and adherence to sepsis practice guidelines. Postintervention adherence to threshold times for obtaining blood cultures and blood lactate and start of antibiotics showed improvement. All recommended interventions were completed within the target time frame for the majority of patients.

Brenda K. Shelton, DNP, RN, APRN-CNS, CCRN, AOCN®, is a clinical nurse specialist in the Sidney Kimmel Comprehensive Cancer Center, Julie Stanik-Hutt, PhD, ACNP, CCNS, FAAN, is an associate professor in the School of Nursing, Joyce Kane, MSN, RN, is a quality and safety manager in the Sidney Kimmel Comprehensive Cancer Center, and Richard J. Jones, MD, is a professor in the School of Nursing, all at Johns Hopkins University in Baltimore, MD. The authors take full responsibility for the content of the article. The authors did not receive honoraria for this work. The content of this article has been reviewed by independent peer reviewers to ensure that it is balanced, objective, and free from commercial bias. No financial relationships relevant to the content of this article have been disclosed by the authors, planners, independent peer reviewers, or editorial staff. Shelton can be reached at sheltbr@jhmi.edu, with copy to editor at CJONEditor@ons.org. (Submitted March 2015. Revision submitted July 2015. Accepted for publication July 15, 2015.)

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As many as 10%–75% of patients receiving cancer treatment experience infectious complications, and those complications are the most common cause of death not directly related to malignancy (National Comprehensive Cancer Network [NCCN], 2015). Sepsis is the leading cause of death among hospitalized patients and the most expensive disease to treat (Joint Commission Center for Transforming Healthcare, 2016). Sepsis is particularly relevant in oncology, where leukopenia and sepsis occur in 21% of patients (NCCN, 2015) and are associated with a 15% increase in mortality (Lyman et al., 2010). The Surviving Sepsis Campaign has shown that early detection and appropriate treatment can decrease mortality by 7%–17%,

even in resource-challenged settings (Dellinger et al., 2013; Levy et al., 2010, 2012; Surviving Sepsis Campaign, 2016; Wang, Xiong, Schorr, & Dellinger, 2013). Evidence-based sepsis strategies include elements to be performed within the first six hours, called early goal-directed therapy. Additional elements should be completed within the first 24 hours. Implementation of early goal-directed therapies is cost effective and saves one life for every seven to nine patients treated (Cannon et al., 2012; Puskarich, Marchick, Kline, Steuerwald, & Jones, 2009; Sebat et al., 2005) (see Table 1). Although research has challenged the value of central venous pressure monitoring and central venous oxygen saturation goals, other interventions are still strongly recommended (Yealy et al., 2014).

**TABLE 1. Surviving Sepsis Campaign: First Six Hours Bundled Interventions**

Intervention	Completion Time
Screen routinely and promptly to recognize indicators of sepsis, severe sepsis, and septic shock.	At triage (within 10–15 minutes)
Obtain blood cultures and whole blood lactate.	45 minutes
Administer first dose of antimicrobial.	60 minutes
Fluid bolus 30 ml/kg for MAP of less than 70 mmHg	End of six hours
Administer oxygen if PaO <sub>2</sub> is less than 60 mmHg on room air.	When hypoxemia occurs
If refractory hypotension (MAP of less than 65 mmHg) or hyperlactemia (greater than 2 mmol/L), place a central venous catheter and administer additional fluid for central venous pressure goal of 8–12 mmHg (nonventilated) or 12–15 mmHg (mechanical ventilation). Blood may be used if hemoglobin is less than 9 mg/dl.	When hypotension occurs, but before six hours
If refractory hypotension or hyperlactemia occurs after fluids, administer vasopressor. The vasopressor of choice is norepinephrine.	When refractory hypotension persists after fluids, but before six hours
Obtain central venous oxygen saturation (ScvO <sub>2</sub> ) if refractory hypotension occurs or if patient is receiving vasopressors.	When hypotension occurs, but before six hours
At the end of the six hours, the following goals are to be achieved: <ul style="list-style-type: none"> <li>• MAP greater than 65 mmHg</li> <li>• Central venous pressure of 8–12 or 12–15, depending on mechanical ventilation status</li> <li>• Oxygen saturation greater than 90% or PaO<sub>2</sub>/FiO<sub>2</sub> ratio greater than 300</li> <li>• Urine output greater than 0.5 ml/kg per hour for two consecutive hours</li> <li>• Central venous oxygen saturation greater than 70%</li> </ul>	At the end of six hours
MAP—mean arterial blood pressure Note. Based on information from Dellinger et al., 2013.	

One challenge to implementing timely sepsis care in patients with cancer is that, instead of going to an emergency department (ED) with infectious symptoms, patients present to oncology clinics. Compared to the ED, the staff in clinics is less likely to implement the sepsis bundle. The aim of this project was to implement sepsis screening and initial bundled six-hour interventions in an ambulatory clinic, where specialized care is provided to patients undergoing intensive chemotherapy or hematopoietic stem cell transplantation (HSCT) for hematologic disease or malignancy.

## Literature Review

MEDLINE®, Embase, and Cochrane Libraries were searched for evidence published from January 2000 to March 2013 to

support best practices in sepsis management. The international standards from the Surviving Sepsis Campaign have been validated (Dellinger et al., 2004, 2008, 2013) and endorsed by more than 15 countries and 8 international organizations. Review of the articles revealed that patients with cancer, with their unique clinical risks and symptomatology, were rarely included. No contraindications were noted to implementing Surviving Sepsis Campaign best practices with patients with cancer; however, no studies describing use of these strategies in patients with cancer were found.

Searching the same databases for febrile neutropenia and sepsis in cancer care yielded 59 articles describing risks and poor prognostic variables associated with infections in patients with cancer. Risk models that accurately predict poor outcomes in patients with febrile neutropenia were identified (Baskaran, Gan, & Adeeba, 2008; Klastersky et al., 2000; Lyman et al., 2011). Based on the literature review, cancer-specific risks for sepsis and poor outcomes, such as presence of mucositis or concomitant immunosuppressive agents, were added to the screening tool (Lyman et al., 2011; NCCN, 2015).

International guidelines for sepsis management were established in 2004 and revised in 2012 (Dellinger et al., 2004, 2013). Moderate to high levels of evidence exist for initiating key “bundled interventions” for patients with possible sepsis. The four cornerstones of sepsis bundled strategies are (a) early screening and completion of diagnostic studies, (b) source evaluation, (c) timely administration of appropriate antibiotics, and (d) aggressive management of perfusion (Dellinger et al., 2013). Several trials have shown reduced mortality even with suboptimal compliance with all bundle elements (Cannon et al., 2012; Chamberlain, Willis, & Bersten, 2011; Funk, Sebat, & Kumar, 2009; McKinley et al., 2011), which suggests that some elements may be more important than others or that host factors influence the impact of individual interventions (Levy et al., 2012; Machado & Mazza, 2010).

Because strong evidence supports early intervention after patients present with sepsis, another literature search was conducted using the same databases and dates to identify best methods to implement recommended guidelines. Sixty-nine articles described successful implementation of sepsis bundle elements through standardized processes, including protocols, electronic prompts, and staff reminders (Cannon et al., 2012; Cruz et al., 2011; Focht, Jones, & Lowe, 2009; Levy et al., 2004; Phua et al., 2012). Patient safety studies reinforced use of automation to avoid care omissions (Micek et al., 2006; Shekelle et al., 2013; Wachter, Pronovost, & Shekelle, 2013). Development of teams and redundant systems also affected achievement of desired clinical outcomes (Beale et al., 2009; Campbell, 2008; Capuzzo et al., 2012; Ferrer et al., 2008).

This project was designed to improve the care of neutropenic patients with cancer and patients undergoing HSCT who present to the ambulatory clinic with signs or symptoms of sepsis. Sepsis criteria used for this protocol were modified from the original criteria to include oncology-specific risks and symptoms (see Figure 1). The two aims of this project were to reduce the time from initial patient presentation to

first intervention for sepsis to less than 20 minutes and to ensure that 80% of patients receive all of the three- and six-hour sepsis bundle elements within the recommended time frame. Based on the evidence, a nurse-managed protocol, with complementary electronic orders to guide patient evaluation and emergent treatment, was adopted to accomplish the aims. In addition, healthcare providers were to respond immediately to a sepsis alert, search for potential infectious sources, prescribe appropriate management (including antibiotics), and choose other emergent interventions.

## Methods

This project was reviewed by the Johns Hopkins Institutional Review Board and determined to be exempt as a quality improvement study. The project was completed in a clinic where patients receive oncology care (active chemotherapy and transplantation) for hematologic malignancy. The clinic typically provides service for 60 patients undergoing active therapy, with 25–45 patient visits daily. Three to eight patients are admitted from the clinic weekly for chemotherapy or treatment of complications, the most common being infection.

Before initiating the project, existing practices were evaluated. Because febrile neutropenia can be used in the presence of presumed infection to define sepsis, patients admitted with these three criteria (fever, neutropenia, and presumed infection) served as the baseline group for the project (NCCN, 2015). Forty of 222 patients admitted from the clinic to the hospital with possible sepsis from July 1, 2012, to March 31, 2013, were randomly selected as a baseline group.

Power was calculated based on a projected improvement of adherence to guideline recommendations one month after protocol implementation from 10%–40%, a beta of 0.8, and a 95% confidence interval. This adherence rate was selected based on data showing that a guideline adherence rate of 37% could induce a 7%–17% reduction in sepsis mortality in a broad population at an academic medical center (Chamberlain et al., 2011; Focht et al., 2009; Rivers et al., 2001). Without other thresholds to assess the optimum dose of intervention, this offered a guide for sample size deemed most likely to enhance patient outcomes.

## Innovation

This project implemented an evidence-based protocol for management of early sepsis in a population of ambulatory patients with hematologic malignancies or undergoing HSCT. The innovation included an interprofessional guideline-based protocol, including a nurse-activated set of standing orders within the existing physician order entry system. The staff was provided with 30–45-minute face-to-face educational sessions in small groups from December 2013 to March 2014. They were also given reference materials prior to implementation of the project.

Upon arrival at the clinic, nursing staff screened each patient for the presence of sepsis using sepsis screening criteria. If the patient screened positive for possible sepsis, the nurse activated the standing orders. Blood lactate levels and two sets of blood cultures, drawn peripherally or from a

### SIRS criteria (any two)

- Hypothermia temperature of less than 36°C
- Fever temperature of 38°C or greater
- Heart rate greater than 90 beats per minute
- Respiratory rate greater than 20 breaths per minute
- Hypotension (systolic BP less than 90 mmHg or greater than 40 mmHg less than baseline; a mean arterial BP via noninvasive machine or calculated with two times diastolic BP plus the systolic BP divided by three, or less than 70 mmHg)
- Hypoxemia (oxygen saturation less than 90% room air or partial pressure oxygen less than 63 room air by arterial blood gas)
- Unexplained confusion or mental status changes
- Weight gain of greater than 20 ml/kg in past two days
- Capillary refill of greater than three seconds or presence of mottling
- Possible or probably leukopenia (WBC less than 4,000/mm<sup>3</sup>)
- Total WBC greater than 12,000/mm<sup>3</sup>
- Glucose greater than 140 mg/dl in the absence of diabetes

### PLUS

#### Risks for infection (any one)

- Presence of a central venous catheter
- Presence of mucositis
- Possible or probable neutropenia
- Recipient of therapeutic dose corticosteroids
- Recipient of immunosuppressive agents
- Prior fungal infection
- Aged older than 60 years
- Presence of chronic obstructive pulmonary disease
- Already receiving therapeutic antibiotics as an outpatient

Two SIRS criteria plus one risk for infection is a sepsis screen positive.

BP—blood pressure; SIRS—systemic inflammatory response syndrome; WBC—white blood cell count

### FIGURE 1. Modified Sepsis Screening Criteria

Note. Based on information from Dellinger et al., 2013; National Comprehensive Cancer Network, 2015.

semipermanent venous access device, were obtained immediately, and the provider was notified. Providers completed a clinical evaluation and determined whether additional diagnostic and therapeutic actions were indicated. Applicable orders and detailed instructions supported provider decision making to manage patients presenting with symptoms ranging from the minimal complaints to hypoxemia, hypotension, and septic shock. Effectiveness of this protocol was assessed by comparing the time from screening positive for sepsis to initiation of sepsis bundle interventions recommended for use during the first six hours of care in the intervention and baseline groups.

## Data Collection

Data to describe the sample and evaluate the impact of the innovation on specific aims were collected by a trained research assistant. Data included (a) demographic, disease, and treatment-related variables; (b) unique sepsis screen inclusion criteria of patients and time of screen positive status; and (c) recommended bundled interventions performed and time of completion. Data were collected directly from the patient's electronic health record, entered into

**TABLE 2. Patient Demographics (N = 119)**

Characteristic	Baseline Group (n = 40)			Intervention Group (n = 79)			p
	$\bar{X}$	SD	Range	$\bar{X}$	SD	Range	
Age (years)	52.2	14.9	21–75	49.7	18.3	24–74	0.418 <sup>a</sup>
Number of SIRS criteria at onset	3.9	1.14	2–5	2.19	0.77	2–4	0.415 <sup>a</sup>
Number of SIRS criteria at 24 hours	4	1.1	2–9	2.2	0.8	1–6	0.000 <sup>a</sup>
Characteristic	n		n		p		
Receiving steroids	5		9		0.859 <sup>b</sup>		
Leukopenia	40		62		0.002 <sup>c</sup>		
Mucositis (grade 2 or higher)	8		1		0.001 <sup>c</sup>		
Central venous catheter in place	40		71		0.05 <sup>c</sup>		
<b>Presenting symptoms</b>							
• Upper respiratory	11		16		0.373 <sup>b</sup>		
• Pneumonia	3		–		0.036 <sup>c</sup>		
• Gastrointestinal	16		21		0.135 <sup>b</sup>		
• Urinary tract <sup>d</sup>	3		24		0.005 <sup>b</sup>		
• Absence of symptoms	14		33		0.475 <sup>b</sup>		
• Outpatient antibiotics	13		38		0.104 <sup>b</sup>		
• Positive infection source	20		10		0.000 <sup>b</sup>		
• Bacteremia	12		10		0.021 <sup>b</sup>		
Low temperature as presenting SIRS	3		22		0.009 <sup>c</sup>		
High temperature as presenting SIRS	16		3		0.000 <sup>c</sup>		
High respirations as presenting SIRS	1		1		0.55 <sup>c</sup>		
High heart rate as presenting SIRS	35		68		0.771 <sup>c</sup>		
Hypotension at onset or within six hours	16		6		0.000 <sup>b</sup>		
Hospitalization on same day as possible infection	40		6		0.000 <sup>b</sup>		
Severe sepsis at 24 hours	18		2		0.000 <sup>c</sup>		
Septic shock at 24 hours	1		1		–		
Alive at discharge	40		–		–		

<sup>a</sup> Independent t test used

<sup>b</sup> Chi-square test used

<sup>c</sup> Fisher's exact test used

<sup>d</sup> Variations in clinical protocols and stage of treatment at time of presentation may have resulted in increased urinary tract infection symptoms in postimplementation group.

*Note.* Leukopenia is defined as 4,000/mm<sup>3</sup> or greater. Low temperature is defined as 36°C or lower. High temperature is defined as 38°C or greater. High respirations are defined as 20 breaths per minute or greater. High heart rate is defined as 90 beats per minute or greater. Hypotension is defined as systolic blood pressure less than 90 mmHg or greater than 40 mmHg less than baseline, or mean arterial blood pressure less than 70 mmHg.

*Note.* National Cancer Institute Common Terminology Criteria for Adverse Events toxicity grading criteria were used to classify severity of treatment-related adverse events. SIRS criteria were used to define possible sepsis.

SIRS—systemic inflammatory response syndrome

Microsoft® Excel®, version 8.0, deidentified after validation, and imported into SPSS®, version 22.0, for analysis.

Data extraction from the electronic health record was piloted three times with two extractors, and conflicting data were resolved with further clarification of extraction rules, then reassessed by a third extractor. Because this new practice posed a risk for missed cases, all clinic visits were secondarily screened daily by the quality project coordinator throughout the phase-in and data collection periods. During the phase-in week, missed cases were discussed with staff daily until there were no missed cases. Nine cases were missed because of a lack of recognition of positive screening by nursing staff during data collection (3% of all clinic visits; 11% of positive sepsis screen cases). Nine positive sepsis screen cases were withdrawn from the protocol by providers who believed that unique clinical circumstances confounded the accuracy of the screening criteria.

Demographic, disease, and treatment data were analyzed using chi-square analysis. Mean time to completion of sepsis interventions was analyzed using independent t test. Chi-square analysis was used to compare the collection of blood lactate and cultures within 45 minutes, start of antibiotics within 60 minutes, achievement of six-hour goals, and completion of all bundled interventions within recommended time frames.

## Results

Data on 119 patients, 40 in the baseline group and 79 in the intervention group, were collected and analyzed to evaluate the impact of this project. Demographic and clinical characteristics of patients in each group are reported on Table 2. Age and gender distribution was similar in both groups. Mean age in the baseline group was 52.2 years (SD = 14.9), and mean age in the intervention group was 49.7 years (SD = 18.3). Twenty-four men (60%) were in the baseline group, and 47 men (59.5%) were in the intervention group.

Oncologic diagnoses were distributed equally across both groups, but the intervention group included more patients with hematologic disorders (p = 0.002). The treatments used were different across groups, with less use of



myeloablative chemotherapy ( $p = 0.000$ ) and greater use of nonmyeloablative transplantation in the intervention group ( $p = 0.002$ ) (see Table 3). These differences represent typical treatment of hematologic malignancy and may have contributed to the lower level of acuity found in the intervention group. The baseline group had a significantly higher incidence of severe mucositis, hyperthermia, hypotension, leukopenia, positive infection source, bacteremia, hospitalizations, number of systemic inflammatory response syndrome criteria, and severe sepsis at 24 hours. Patients in the baseline group appeared to be more acutely ill than patients in the intervention group. Detailed data on clinical characteristics of the two groups are found in Table 4.

The first aim of this project was to reduce the time from screening positive to the first intervention for sepsis to less than 20 minutes. Initial sepsis interventions included collection of blood tests (serum lactate, blood cultures) and/or administration of an antibiotic when prescribed by providers. This time was selected to ensure adequate time for providers to assess patients and prescribe antibiotics and for nurses to start the antimicrobial by 60 minutes from the positive sepsis screen. Practice in the baseline group varied widely, with mean time to the first intervention of 291 minutes (SD = 535 minutes, range = 0–2,927) and only 29% achieving the 20-minute goal. The mean time to first intervention for the intervention group was 23 minutes (SD = 22, range = 0–131), with 51% receiving the first intervention within 20 minutes ( $p = 0.029$ ). The time from positive sepsis screen to the first sepsis intervention decreased significantly after the innovation but did not reach the goal of 20 minutes.

The second aim of the project was to increase the proportion of patients who screen positive for sepsis and receive all of the three- and six-hour sepsis bundle elements within those time frames to 40%. This included collection of blood cultures and lactate within 45 minutes, and start of first antibiotic dose within 60 minutes. Interventions for hypoxemia, hypotension, and achievement of all pertinent six-hour goals were also assessed. Only four patients in the baseline group had lactate levels drawn. Consequently, mean time to collection of lactate was 907 minutes (SD = 507, range = 547–1,267) at baseline. Blood lactate was obtained in the intervention group after an average of 23 minutes (SD = 22, range = 0–131;  $p = 0.000$ ). Because of the wide range of times, interpreting these findings and deriving clinical implications is difficult.

The mean time to collection of blood cultures for the baseline group was 303 minutes (SD = 540, range = 0–2,927) and 25 minutes (SD = 31, range = 0–239;  $p = 0.002$ ) for the intervention group. Mean time to start of antibiotics for the baseline group was 362 minutes (SD = 548, range = 0–2,992) and 56 minutes (SD = 37.5, range = 13–100;  $p = 0.002$ ) for the intervention group. Patients in the intervention group received all three of the initial interventions (collection of blood lactate and blood cultures and start of antibiotics) earlier than patients in the baseline group.

Blood cultures were drawn within the 45-minute threshold only 40% of the time in the baseline group, but this time threshold was met in 86% of patients in the intervention group. Although the mean time to start of the first antibiotic

was significantly different between the baseline and intervention groups ( $p = 0.002$ ), the proportion of the two groups who met the 60-minute time threshold for starting an antibiotic did not differ significantly ( $p = 0.131$ ). Only five patients in the intervention group received an antibiotic at all compared to 37 in the baseline group. Between-group differences based on analysis of variance in illness acuity and the low number of patients in the intervention group receiving an antibiotic make it difficult to interpret differences in receipt of antibiotics.

None of the baseline patients received all the recommended interventions within the designated six-hour time frame. However, 65 of 79 of the patients in the intervention group received all appropriate interventions defined in the sepsis protocol, exceeding the project's goal of 40%. Adherence to guideline recommendations after implementation of the protocol was complete 82% of the time. Implementation of the innovation produced a significant improvement in adherence with the sepsis bundled elements during the first six hours ( $p = 0.000$ ).

## Discussion

This project demonstrated that an interprofessional protocol that included guideline-based universal screening,

TABLE 3. Baseline and Intervention Group Diseases and Treatments (N = 119)

Disease or Treatment	Baseline Group (n = 40)	Intervention Group (n = 79)	p
	n	n	
<b>Sepsis Protocol Population Diseases</b>			
Acute lymphocytic leukemia	6	16	–
Acute myeloid leukemia	10	14	–
Chronic leukemia	1	–	–
Hematologic disorders	2	15	–
Lymphoma	13	19	–
Multiple myeloma	5	9	–
Myelodysplastic syndrome	1	2	–
Renal failure	–	4	–
<b>Sepsis Protocol Population Treatments</b>			
Autologous transplantation	6	10	0.724
Chemotherapy	14	4	0.000
Myeloablative allogeneic transplantation	3	4	0.686
Nonmyeloablative allogeneic transplantation	17	57	0.002
Nonmyeloablative allogeneic transplantation plus kidney transplantation	–	4	0.299

TABLE 4. Time to Sepsis Interventions

Intervention	Baseline Group		Intervention Group		p
	$\bar{X}$	SD	$\bar{X}$	SD	
Time from screening positive to first intervention (minutes)	291	535	23	22.4	0.003
Time to obtainment of blood cultures (minutes)	303	540	25.4	31.6	0.002
Time to obtainment of blood lactate (minutes)	907	507	23.9	22.3	0.000
Time to start of first antimicrobial (minutes)	362	548	56	37.5	0.002
Intervention	n	N	n	N	p
First intervention within 20 minutes	11	38	40	78	0.029
Obtain blood cultures within 45 minutes	17	40	68	78	0.000
Obtain blood lactate within 45 minutes	–	2	68	78	0.021
First antimicrobial started within 60 minutes	9	37	3	5	0.131
IV fluids 30 ml/kg if hypotensive	1	20	–	2	–
All key sepsis interventions performed according to protocol	–	40	65	79	0.000

*Note.* Because not all patients received the defined intervention, sample sizes vary.

nurse-initiated actions, electronic standing orders, and clinician-supported decision making in the first six hours after positive screening for sepsis was useful. It resulted in timely completion of early goal-directed sepsis interventions in patients with hematologic diagnoses or malignancies treated in an ambulatory setting. After the protocol was implemented, the mean time from screening positive to first intervention improved dramatically from 291 to 23 minutes but did not meet the desired 20-minute time frame. The protocol improved care practices so that 82% of patients who screened positive for sepsis received all of the appropriate sepsis bundle interventions within the first six hours of care. Few patients developed hypotension, making it difficult to determine whether the use of the protocol would improve time to implementation for all the six-hour recommendations and subsequent attainment of six-hour goals.

During staff education sessions, more than 75% of staff thought they were adequately prepared to care for patients with sepsis but were not familiar with the recommendations from the Surviving Sepsis Campaign (2016). Significant improvements in practice could be partially linked to an increased awareness of best practices in sepsis care derived from the education intervention. Follow-up assessment of

staff knowledge and practice would help researchers understand the importance of this observation.

Significant differences in patient diagnoses and acuity were found between the baseline and intervention groups. Patients in the baseline group were generally sicker and had been admitted to the hospital. Attention to the signs and symptoms of sepsis and the ability to implement initial sepsis bundled actions might be greater in an inpatient setting. However, many sepsis elements were omitted in this group.

A total of 37% of all clinic visits resulted in a positive sepsis screen in the intervention group. The screening instrument and sepsis management protocol did not miss any cases of sepsis. In the intervention group, the high sensitivity and low specificity of the screening tool led to high numbers of patients screening positive for sepsis, who were later deemed by clinicians not to be infected. In fact, 79 of 87 patients who screened positive for sepsis were later found to be false positive based on absence of positive cultures or evidence of postscreening systemic infection. More accurate criteria to define sepsis in this population is essential for optimal translation and implementation of these guidelines in oncology practice.

Clinic workflow did not readily support attaining the 20-minute time frame for performing the initial sepsis intervention. Only a small number of patients in the intervention group received antibiotics because providers often felt that presenting symptoms did not indicate the presence of infection. Feasibility of timely administration of antibiotics in the ambulatory environment is important to consider and requires evaluation of a larger patient sample. Some sepsis interventions were well represented in this study (e.g., collection of blood cultures and lactate), but others occurred in such low numbers that statistical analysis was not possible (e.g., fluid and vasopressor administration). Several patients with tachycardia received fluid boluses despite no antibiotics being prescribed. This unanticipated consequence of fluid administration based on sepsis screening was not part of planned evaluation but may be valuable to include in future analysis.

Patients in the intervention group experienced a low incidence of sepsis-related complications and were not admitted to the hospital. Based on incidence rates in the literature, an intervention group of 40–80 patients were anticipated to yield at least two patients with severe sepsis or septic shock, but this occurred in only one individual during the project. Evaluation of a larger number of patients is needed to assess the true mean time for interventions, such as antimicrobial administration, fluid administration, or management of hemodynamic instability.

## Conclusion

Standards for early management of sepsis are well established in the emergency setting. This project demonstrated that implementation of initial sepsis interventions using nurse-driven, prewritten, conditional orders within recommended time frames is possible in an ambulatory oncology care setting. Screening for sepsis is within the expertise of oncology nurses and can truly be considered a

## Implications for Practice

- ▶ Consider established early sepsis management guidelines for implementation in the oncology practice setting.
- ▶ Understand the challenges in operationalizing established sepsis screening criteria, which are highly sensitive in detecting possible sepsis in patients with cancer, to assist in planning optimal translation.
- ▶ Use nursing knowledge of sepsis best practices to influence the care of patients with cancer.

nurse-sensitive outcome (Aitken et al., 2011; de Papanthanasoglou, 2009; Kleinpell, Aitken, & Schorr, 2013). This project demonstrated that protocol-driven, independent nursing actions in high-risk patients can be performed reliably and consistently. Patient engagement in their care using infection prevention strategies, monitoring for symptoms outside the clinic setting, and seeking medical care promptly can complement the effectiveness of a sepsis screening and early intervention protocol (Centers for Disease Control and Prevention, 2011). The intervention group in this project did not include enough patients with severe sepsis, hypotension, or hypoxemia to evaluate the effectiveness of recommended interventions for these complications. Additional patients receiving emergent antibiotics must be evaluated to determine if the threshold of 60 minutes is realistic in this practice environment or if systems can be modified to meet this goal. Additional research is needed to define oncology-specific sepsis screening criteria; pertinent prognostic, population-specific indicators for sepsis; and the efficacy of specific interventions. Given that sepsis management has been identified as a national priority and the recommendations from the Surviving Sepsis Campaign are the basis of best practices, it is essential to pursue research to define the trajectory and management of sepsis for patients with cancer in the ambulatory setting.

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Journal club programs can help to increase your ability to evaluate the literature and translate those research findings to clinical practice, education, administration, and research. Use the following questions to start the discussion at your next journal club meeting.

1. What criteria are used in your setting to identify potential patients with sepsis, and how accurate are those criteria at identifying severe cases?
2. Do you perceive opportunities for nurses to be more engaged in implementing early sepsis management interventions, such as the one used in this article, within your practice?
3. What educational or systems interventions could enhance sepsis management in your practice setting?
4. What key points in this article are immediately translatable to improve sepsis management at your workplace?

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